# Bach flower questionnaire

# Guide:

1. **Please fill in the questionnaire by ticking** " **Yes**"  **or** "**No"**

On the following pages you will find a series of statements about certain states of mind or mood. find psychological situations. You can answer "yes" or "no" to any statement . Please place a cross (X) in the box provided. There is no "right" or "wrong". Please reply as it applies to you. Do not think long about a sentence, but give the answer that immediately comes to mind. Of course, not all peculiarities can be taken into account with these short statements. Maybe that's why some don't fit you well. Nevertheless, always tick an answer, namely the one that is most likely to apply to you.

# Please transfer all points ticked with "Yes" to the evaluation sheet

The fields marked with "No" will not be taken into account in the further evaluation. For each "yes" statement, there are one or more means. Your task now is to transfer each item marked " yes" on the questionnaire as a cross to the evaluation sheet.

# Now please transfer the Bach flower remedies found to the result sheet

The essences that have received the most "yes" strokes are the Bach flowers you need at the moment. Please note that you do not take more than 5 different Bach flower remedies at the same time. The intake period is initially one week. After that, you should repeat the test if necessary.

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| **QUESTIONNAIRE Sheet 1** | | and | no |
| 1 | I am superstitious |  |  |
| 2 | I am afraid of being rejected by others |  |  |
| 3 | I'm afraid of strangers |  |  |
| 4 | I have to distract myself all the time |  |  |
| 5 | It's very difficult for me to switch off |  |  |
| 6 | I have a disgust of dirt, sweat |  |  |
| 7 | It's easy to tease me |  |  |
| 8 | I get annoyed when others disagree |  |  |
| 9 | I'm annoyed because everything goes too slowly for me |  |  |
| 10 | I often get annoyed by the stupidity of others |  |  |
| 11 | I am aggressive |  |  |
| 12 | Often I sense impending disaster |  |  |
| 13 | I can't accept myself |  |  |
| 14 | I find it very difficult to accept other people |  |  |
| 15 | I find it difficult to accept other opinions |  |  |
| 16 | I cannot accept my fate |  |  |
| 17 | I can't be alone very well |  |  |
| 18 | Often I want to be all alone |  |  |
| 19 | I often have nightmares |  |  |
| 20 | I want more recognition |  |  |
| 21 | I'm tense most of the time |  |  |
| 22 | I'm afraid of hurting other people |  |  |
| 23 | I'm afraid of being rejected |  |  |
| 24 | I'm afraid of getting infected |  |  |
| 25 | Familiar things frighten me |  |  |
| 26 | I'm afraid of embarrassment |  |  |
| 27 | I am afraid of punishment |  |  |
| 28 | I'm afraid of failing |  |  |
| 29 | I'm afraid of going crazy |  |  |
| 30 | I am afraid of uncontrolled action |  |  |
| 31 | I'm afraid of failure |  |  |
| 32 | I am inexplicably afraid |  |  |
| 33 | I'm afraid of everything |  |  |
| 34 | I'm afraid of going crazy |  |  |
| 35 | I'm terrified |  |  |
| 36 | I am scared to death |  |  |
| 37 | I am afraid in threatening situations |  |  |
| 38 | I'm afraid for other people |  |  |
| 39 | I'm afraid for myself |  |  |
| 40 | I am afraid of conflicts |  |  |
| 41 | I always adapt for fear of conflict |  |  |
| 42 | I'm fully adapted, I can't say no |  |  |
| 43 | I feel listless most of the time |  |  |
| 44 | I am constantly thinking in the future |  |  |
| 45 | I constantly think in the past |  |  |
| 46 | I feel apathetic, totally exhausted |  |  |
| 47 | I am paralyzed because everything is hopeless |  |  |
| 48 | I am paralyzed, completely without joy of life |  |  |
| 49 | I am an arrogant person |  |  |
| 50 | I seem arrogant because I'm so reserved |  |  |
| 51 | I usually think other people are stupid |  |  |
| 52 | I am a quick-tempered person |  |  |
| 53 | I am an intrusive person |  |  |
| 54 | I never give up |  |  |
| 55 | I give up quickly |  |  |
| 56 | I give up on myself |  |  |
| 57 | I get excited quickly |  |  |
| 58 | I have a strong desire for attention |  |  |
| 59 | I always sacrifice myself for others |  |  |
| 60 | I sacrifice myself for all who ask me |  |  |
| 61 | I sacrifice myself too much for children and family |  |  |

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| **QUESTIONNAIRE Sheet 2** | | And | no |
| 62 | I always want to please everyone |  |  |
| 63 | I feel drained because I'm too good-natured |  |  |
| 64 | I feel drained because I never give up |  |  |
| 65 | I'm drained because I'm too committed to one cause |  |  |
| 66 | I feel drained because I have too much self-expectation of myself |  |  |
| 67 | I'm easy to take advantage of |  |  |
| 68 | I feel exploited |  |  |
| 69 | I am an authoritarian person |  |  |
| 70 | I trivialize my own problems |  |  |
| 71 | I trivialize my services |  |  |
| 72 | I am easily impressed by the achievements of others |  |  |
| 73 | I am easily impressed by the opinions of others |  |  |
| 74 | I am easily influenced |  |  |
| 75 | I'm not resilient because I'm totally exhausted |  |  |
| 76 | I'm not resilient because I'm desperate |  |  |
| 77 | I'm not resilient because I'm depressed |  |  |
| 78 | I'm slightly offended because no one thanks me |  |  |
| 79 | I'm easily offended because I feel set back |  |  |
| 80 | I always feel disadvantaged |  |  |
| 81 | I have the feeling of a mountain in front of me |  |  |
| 82 | I feel dirty inside/out |  |  |
| 83 | I am very possessive |  |  |
| 84 | I am concerned about the well-being of others |  |  |
| 85 | I am concerned about my own well-being |  |  |
| 86 | I am very concerned about small things |  |  |
| 87 | I am often vicious |  |  |
| 88 | I feel blocked |  |  |
| 89 | I feel depressed because of difficulties |  |  |
| 90 | I feel depressed for no reason |  |  |
| 91 | I feel depressed because others are better than me |  |  |
| 92 | I feel depressed; life is meaningless |  |  |
| 93 | I am very destructive |  |  |
| 94 | I always blame others |  |  |
| 95 | I always blame myself |  |  |
| 96 | I have suicidal thoughts |  |  |
| 97 | I'm undiplomatic because I'm too impatient |  |  |
| 98 | I'm undiplomatic because I'm too direct |  |  |
| 99 | I'm afraid of "going crazy" |  |  |
| 100 | I can't assert myself , I don't trust my opinion |  |  |
| 101 | I don't like conflicts |  |  |
| 102 | I don't trust myself |  |  |
| 103 | I can't assert myself for fear of hurting others |  |  |
| 104 | I have little stamina |  |  |
| 105 | I have too much stamina |  |  |
| 106 | I am selfish |  |  |
| 107 | I am very ambitious |  |  |
| 108 | I'm jealous |  |  |
| 109 | I am a stubborn person |  |  |
| 110 | They say I'm conceited |  |  |
| 111 | I feel lonely |  |  |
| 112 | I am disgusted by dirt and sweat |  |  |
| 113 | I feel miserable |  |  |
| 114 | I am sensitive to criticism |  |  |
| 115 | I am sensitive to noise |  |  |
| 116 | I am sensitive to external influences |  |  |
| 117 | I am sensitive to quarrels |  |  |
| 118 | I feel at the end |  |  |
| 119 | Difficulties quickly discourage me |  |  |
| 120 | Everything new discourages me |  |  |
| 121 | I can't decide between two options |  |  |
| 122 | It's hard for me to decide one thing |  |  |
| 123 | It's hard for me to decide if it's an emotional breakup |  |  |

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| **Questionnaire sheet 3** | | And | no |
| 124 | I am horrified |  |  |
| 125 | I'm disappointed when I don't get a thank you |  |  |
| 126 | I am disappointed because I expected more from life |  |  |
| 127 | I'm exhausted |  |  |
| 128 | They say I'm fanatical |  |  |
| 129 | I have to capture everything |  |  |
| 130 | I'm frustrated |  |  |
| 131 | My thoughts are always going around in circles |  |  |
| 132 | My thoughts are sluggish |  |  |
| 133 | My thoughts are erratic |  |  |
| 134 | I have negative thoughts about others |  |  |
| 135 | I think negatively about myself |  |  |
| 136 | I think negatively about the future |  |  |
| 137 | My thoughts are dreamy |  |  |
| 138 | I am lost in my thoughts |  |  |
| 139 | They say I'm spiteful |  |  |
| 140 | I am often absent-minded |  |  |
| 141 | I have a lack of serenity |  |  |
| 142 | I am easily irritable |  |  |
| 143 | I have to be in company all the time |  |  |
| 144 | I am too conscientious |  |  |
| 145 | I have a guilty conscience |  |  |
| 146 | I am indifferent because I resign |  |  |
| 147 | I am indifferent because everything seems hopeless |  |  |
| 148 | I am indifferent because I feel depressed |  |  |
| 149 | I am indifferent because I am exhausted |  |  |
| 150 | I am indifferent because I am bitter |  |  |
| 151 | I am indifferent because I am constantly thinking about the future |  |  |
| 152 | I am indifferent because I am constantly thinking about the past |  |  |
| 153 | I'm too good-natured |  |  |
| 154 | I let myself hang |  |  |
| 155 | I strive for harmony so as not to hurt others |  |  |
| 156 | I am in need of harmony because I feel physically uncomfortable during quarrels |  |  |
| 157 | I have feelings of hatred |  |  |
| 158 | I'm homesick |  |  |
| 159 | I am domineering |  |  |
| 160 | I can't refuse a request from others |  |  |
| 161 | I feel responsible for others |  |  |
| 162 | I am helpful, even if others do not want the help |  |  |
| 163 | I am helpless; don't know what to do |  |  |
| 164 | I can't get my way |  |  |
| 165 | I'm afraid of doing something wrong |  |  |
| 166 | I am haughty |  |  |
| 167 | Everything is hopeless |  |  |
| 168 | I am oversensitive |  |  |
| 169 | I'm too impulsive |  |  |
| 170 | I am inconsistent |  |  |
| 171 | I am intolerant |  |  |
| 172 | I feel isolated |  |  |
| 173 | I am an irascible person |  |  |
| 174 | I am very sensitive to small things |  |  |
| 175 | I avoid conflicts |  |  |
| 176 | I have contact difficulties |  |  |
| 177 | I can't concentrate very well |  |  |
| 178 | I feel powerless |  |  |
| 179 | I can't stand criticism |  |  |
| 180 | I am very critical of others |  |  |
| 181 | I am very critical of myself |  |  |
| 182 | I am an unstable person |  |  |
| 183 | I'm moody |  |  |
| 184 | I have a lack of joie de vivre |  |  |
| 185 | I am poorly able to learn |  |  |
| 186 | I can't let go |  |  |

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| **Questionnaire sheet 4** | | And | no |
| 187 | I can't let go of my thoughts |  |  |
| 188 | I can't let go of relatives/friends |  |  |
| 189 | I can't let go of my feelings |  |  |
| 190 | I can't let go of my feelings of guilt |  |  |
| 191 | I have no desire for life |  |  |
| 192 | I am good at manipulating others |  |  |
| 193 | I let myself be easily influenced |  |  |
| 194 | I am melancholic |  |  |
| 195 | I suffer from feelings of inferiority |  |  |
| 196 | I am a suspicious person |  |  |
| 197 | I like to be the center of attention |  |  |
| 198 | I feel tired all the time |  |  |
| 199 | I am discouraged |  |  |
| 200 | I am an indulgent person |  |  |
| 201 | I tend to be resentful |  |  |
| 202 | I have a negative attitude towards myself |  |  |
| 203 | I have a negative attitude towards others |  |  |
| 204 | I am basically negative |  |  |
| 205 | I am temporarily negative |  |  |
| 206 | I am prone to envy |  |  |
| 207 | I am a nervous person |  |  |
| 208 | I am not an open person |  |  |
| 209 | I am disoriented |  |  |
| 210 | I tend to panic |  |  |
| 211 | I feel haunted by bad luck |  |  |
| 212 | I tend to perfectionism |  |  |
| 213 | I am a pessimistic person |  |  |
| 214 | I am prone to vindictiveness |  |  |
| 215 | I am resigned |  |  |
| 216 | I feel restless |  |  |
| 217 | I suffer from sleep disorders |  |  |
| 218 | I suffer from feelings of guilt |  |  |
| 219 | I am in a shock situation with panic-like fear |  |  |
| 220 | I am a shy person |  |  |
| 221 | I have weakness |  |  |
| 222 | I am melancholy |  |  |
| 223 | I take everything very hard |  |  |
| 224 | I have the same difficulties all the time |  |  |
| 225 | I am easily discouraged |  |  |
| 226 | In difficult situations, I don't give up |  |  |
| 227 | I need my constant self-pity |  |  |
| 228 | I blame myself |  |  |
| 229 | I have little self-confidence |  |  |
| 230 | I am a sensitive person |  |  |
| 231 | I am a skeptical person |  |  |
| 232 | I am an erratic person |  |  |
| 233 | I feel like I'm in a state of rigidity |  |  |
| 234 | I am proud |  |  |
| 235 | I am strict with myself |  |  |
| 236 | I am strict with others |  |  |
| 237 | Spiritually I am sluggish |  |  |
| 238 | Physically I am sluggish |  |  |
| 239 | I am very sad |  |  |
| 240 | I often react defiantly |  |  |
| 241 | I feel overworked |  |  |
| 242 | I am a hypersensitive person |  |  |
| 243 | I react hypersensitively to criticism |  |  |
| 244 | I react hypersensitively to noises |  |  |
| 245 | I feel overwhelmed |  |  |
| 246 | I feel ignored |  |  |
| 247 | I am easily persuaded |  |  |
| 248 | I consider myself unattractive |  |  |
| 249 | I find others unattractive |  |  |

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| **Questionnaire sheet 5** | | And | no |
| 250 | I am unbalanced |  |  |
| 251 | I feel restless |  |  |
| 252 | I find myself obnoxious |  |  |
| 253 | I find other people obnoxious |  |  |
| 254 | I am uncontrolled |  |  |
| 255 | I am a fickle person |  |  |
| 256 | I often think other people are ungrateful. |  |  |
| 257 | I feel incapable |  |  |
| 258 | I suffer from the consequences of an accident |  |  |
| 259 | I get impatient when it's not fast enough |  |  |
| 260 | I get impatient when others don't respond to me |  |  |
| 261 | I get impatient when I can't convince others |  |  |
| 262 | I feel unfairly treated |  |  |
| 263 | I am often unfair to others |  |  |
| 264 | I feel unhappy |  |  |
| 265 | In general, I am unfocused |  |  |
| 266 | I'm unfocused because I think about the future too often |  |  |
| 267 | I'm unfocused because I'm constantly thinking about the past |  |  |
| 268 | For many, I seem aloof |  |  |
| 269 | Some say I look unnatural |  |  |
| 270 | I feel restless |  |  |
| 271 | I am an undecided person |  |  |
| 272 | I feel insecure |  |  |
| 273 | I feel oppressed |  |  |
| 274 | I am good at suppressing others |  |  |
| 275 | I feel inferior |  |  |
| 276 | I feel misunderstood |  |  |
| 277 | I am dissatisfied with myself |  |  |
| 278 | I am often dissatisfied with others |  |  |
| 279 | I am prone to unreliability |  |  |
| 280 | I'm more of a cumbersome person |  |  |
| 281 | I'm upset |  |  |
| 282 | I feel responsible for everything |  |  |
| 283 | I am bitter |  |  |
| 284 | I am a forgetful person |  |  |
| 285 | I feel poisoned |  |  |
| 286 | I feel hurt |  |  |
| 287 | I feel lost |  |  |
| 288 | I feel neglected |  |  |
| 289 | I suffer from fear of failure |  |  |
| 290 | I am considered a reproachful person |  |  |
| 291 | I can't get over a loss I have suffered |  |  |
| 292 | A loss is the cause of my complaints |  |  |
| 293 | I feel cramped |  |  |
| 294 | I feel contaminated |  |  |
| 295 | Most of the time I feel insecure |  |  |
| 296 | I despair quickly |  |  |
| 297 | I am desperate |  |  |
| 298 | I'm crying very quickly |  |  |
| 299 | I feel worthless |  |  |
| 300 | I'm angry |  |  |
| 301 | I feel torn |  |  |
| 302 | I am aimless |  |  |
| 303 | I am full of anger |  |  |
| 304 | I feel set back |  |  |
| 305 | I am cautious |  |  |
| 306 | I have little confidence in the future |  |  |
| 307 | I have little confidence in myself |  |  |
| 308 | I have little trust in others |  |  |
| 309 | I have self-doubt |  |  |
| 310 | I doubt my own opinion |  |  |
| 311 | I have doubts about others |  |  |
| 312 | I doubt to manage the daily work |  |  |
| 313 | I doubt that I can continue to take responsibility |  |  |

**AUSWERTUNGSBOGEN**

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| 1. Aspen |  |
| 2. Larch, Centaury |  |
| 3. Beech |  |
| 4. Agrimony |  |
| 5. White Chestnut |  |
| 6. Crab Apple |  |
| 7. Holly |  |
| 8. Vine, Vervain |  |
| 9. Impatiens |  |
| 10. Beech |  |
| 11. Holly, Vine |  |
| 12. Aspen |  |
| 13. Larch |  |
| 14. Beech |  |
| 15. Vine |  |
| 16. Willow |  |
| 17. Agrimony, Chicory, Heather, Mimulus |  |
| 18. Impatiens, Water Violet |  |
| 19. Aspen |  |
| 20. Larch |  |
| 21. Aspen, Beech, Cherry Plum, Impatiens, Red Chestnut, Rock Rose, Rock Water, Mimulus, Vervaine, Vine |  |
| 22. Centaurs |  |
| 23. Larch, Centaury |  |
| 24. Crab, Apple |  |
| 25. Mimulus |  |
| 26. Larch |  |
| 27. Pine |  |
| 28. Larch |  |
| 29. Aspen |  |
| 30. Cherry Plum |  |
| 31. Larch |  |
| 32. Aspen |  |
| 33. Mimulus |  |
| 34. Cherry Plum |  |
| 35. Rock Rose |  |
| 36. Rock Rose |  |
| 37. Rock Rose |  |
| 38. Red Chestnut |  |
| 39. Heather, Mimulus |  |
| 40. Agrimony |  |
| 41. Agrimony |  |
| 42. Centaurs |  |
| 43. Wild Rose, Mustard, Larch, Olive, Hornbeam, Clematis |  |
| 44. Clematis |  |
| 45. Honeysuckle |  |
| 46. Olive |  |
| 47. Gorse, Wild Rose |  |
| 48. Mustard, Wild Rose |  |
| 49. Beech |  |
| 50. Water Violet |  |
| 51.Vine |  |
| 52. Impatiens, Holly |  |
| 53. Heather |  |
| 54. Oak |  |
| 55. Gentian, Larch, Wild Rose |  |
| 56. Wild Rose |  |
| 57. Beech, Impatiens, Holly |  |
| 58. Heather, Chicory |  |
| 59th Centaurs |  |
| 60th Centaurs |  |
| 61. Chicory |  |
| 62. Pine |  |
| 63rd Centaurs |  |
| 64. Oak |  |
| 65. Vervain |  |

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| 66. Rock Water |  |
| 67th Centaurs |  |
| 68. Chicory |  |
| 69. Vine |  |
| 70. Agrimony |  |
| 71. Larch |  |
| 72. Larch |  |
| 73rd Cerato, Walnut, Centaury |  |
| 74. Centaury, Gentian, Cerato, Agrimony, Walnut, Holly, Larch |  |
| 75. Olive, Hornbeam |  |
| 76. Sweet Chestnut |  |
| 77. Mustard |  |
| 78. Chicory |  |
| 79. Willow |  |
| 80. Willow |  |
| 81. Hornbeam |  |
| 82. Crab Apple |  |
| 83. Chicory, Heather |  |
| 84. Chicory, Red Chestnut |  |
| 85. Heather, Rock Water |  |
| 86. Crab Apple |  |
| 87. Holly |  |
| 88. Star of Bethlehem |  |
| 89. Gentian |  |
| 90. Mustard |  |
| 91. Larch, Pine |  |
| 92. Wild Oat |  |
| 93. Holly |  |
| 94. Willow |  |
| 95. Pine |  |
| 96. Cherry Plum |  |
| 97. Impatiens |  |
| 98. Rock Water, Vine |  |
| 99. Cherry Plum |  |
| 100th Cerato |  |
| 101. Agrimony |  |
| 102. Larch |  |
| 103rd Centaurs |  |
| 104. Wild Oat, Scleranthus |  |
| 105. Oak, Vervain, Rock Water |  |
| 106. Chicory, Willow, Heather |  |
| 107. Vine, Rock Water, Vervain |  |
| 108. Holly |  |
| 109. Vine, Vervain, Rock Water, Chicory |  |
| 110. Chicory, Heather, Vine |  |
| 111. Heather, Chicory |  |
| 112. Crab Apple |  |
| 113. Olive, Willow, Mustard, Wild Rose, Clematis |  |
| 114. Larch |  |
| 115. Olive |  |
| 116. Larch, Walnut |  |
| 117. Agrimony, Mimulus |  |
| 118. Sweet Chestnut |  |
| 119. Elm, Gentian |  |
| 120. Larch |  |
| 121. Scleranthus |  |
| 122. Cerato |  |
| 123. Walnut |  |
| 124. Rock Rose |  |
| 125. Chicory |  |
| 126. Willow |  |
| 127. Gorse, Oak, Olive, Rock Water, Vervain |  |
| 128. Vervain, Rock Water |  |
| 129. Honeysuckle, Chicory |  |
| 130. Holly, Impatiens, Willow |  |
| 131. White Chestnut |  |
| 132. Hornbeam |  |
| 133. Scleranthus |  |

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| 134. Holly, Beech |  |
| 135. Larch |  |
| 136. Gentian |  |
| 137. Clematis |  |
| 138. Clematis, Honeysuckle |  |
| 139. Holly |  |
| 140. Clematis, White Chestnut |  |
| 141. Impatiens, Rock Water, Mimulus, Beech, Vervain, Scleranthus |  |
| 142. Holly, Chicory, Impatiens, Beech, Willow |  |
| 143. Agrimony, Chicory, Heather, Mimulus |  |
| 144. Rock Water, Pine, Crab Apple |  |
| 145. Pine |  |
| 146. Wild Rose |  |
| 147. Gorse |  |
| 148. Mustard |  |
| 149. Olive |  |
| 150. Willow |  |
| 151. Clematis |  |
| 152. Honeysuckle |  |
| 153rd Centaurs |  |
| 154. Wild Oat, Clematis |  |
| 155th Centaurs |  |
| 156. Agrimony |  |
| 157. Holly, Willow |  |
| 158. Honeysuckle, Clematis |  |
| 159. Chicory, Vine |  |
| 160th Centaurs |  |
| 161. Oak |  |
| 162. Chicory |  |
| 163. Cerato, Scleranthus |  |
| 164th Centaurs |  |
| 165. Larch |  |
| 166. Beech, Vine |  |
| 167. Gorse, Wild Rose, Sweet Chestnut |  |
| 168. Aspen, Holly, Crab Apple |  |
| 169. Impatiens, Wild Oat, Vervain |  |
| 170. Scleranthus, Chestnut Bud |  |
| 171. Beech, Vine, Impatiens, Vervain, Water Violet |  |
| 172. Water Violet, Impatiens, Heather, Holly |  |
| 173. Cherry Plum, Holly |  |
| 174. Crab Apple, Beech |  |
| 175th Agrimony, centaurs |  |
| 176. Water Violet |  |
| 177. Chestnut Bud |  |
| 178. Hornbeam, Olive, Gorse, Sweet Chestnut |  |
| 179. Larch, Chicory, Pine |  |
| 180. Beech, Vine, Chicory |  |
| 181. Pine, Rock Water, Larch |  |
| 182. Scleranthus, Larch, Walnut |  |
| 183. Holly, Scleranthus |  |
| 184. Mustard, Wild Rose |  |
| 185. Chestnut Bud |  |
| 186. Honeysuckle |  |
| 187. White Chestnut |  |
| 188. Chicory |  |
| 189. Cherry Plum |  |
| 190. Pine |  |
| 191. Mustard, Wild Rose |  |
| 192. Chicory |  |
| 193rd Centaurs |  |
| 194. Honeysuckle, Mustard, Gentian |  |
| 195. Larch, Pine |  |
| 196. Gentian, Holly, Cerato |  |
| 197. Chicory, Heather; Agrimony |  |
| 198. Olive, Hornbeam, Wild Rose |  |
| 199. Elm, Larch, Gentian |  |
| 200th centaurs |  |
| 201. Honeysuckle, Willow |  |

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| 202. Larch |  |
| 203. Willow, Beech |  |
| 204. Gentian |  |
| 205. Holly |  |
| 206. Willow, Holly |  |
| 207. Impatians, Mimulus, Agrymoni, Vervain, Oak |  |
| 208. Agrimony, Water Violet |  |
| 209. Wild Oat, Scleranthus |  |
| 210. Rock Rose, Aspen |  |
| 211. Willow |  |
| 212. Beech, Crab Apple, Rock Water |  |
| 213. Gentian |  |
| 214. Holly |  |
| 215. Wild Rose, Gorse |  |
| 216. Impatiens, Vervain, Agrimony, Scleranthus |  |
| 217. White Chestnut, Pine |  |
| 218. Pine |  |
| 219. Rock Rose |  |
| 220. Mimulus |  |
| 221. Olive, Hornbeam, Elm |  |
| 222. Mustard, Gorse, Willow |  |
| 223. Gentian, Larch, Rock Water |  |
| 224. Chestnut Bud |  |
| 225. Gentian |  |
| 226. Oak |  |
| 227. Chicory |  |
| 228. Pine, Rock Water |  |
| 229. Larch |  |
| 230. Aspen, Agrimony, Walnut, Holly, Centaury |  |
| 231. Gentian |  |
| 232. Scleranthus |  |
| 233. Rock Water, Beech, Vine, Vervain |  |
| 234. Water Violet |  |
| 235. Rock Water |  |
| 236. Beech, Vine, Chicory, Vervain |  |
| 237. Hornbeam |  |
| 238. Olive |  |
| 239. Star of Bethlehem, Pine, Wild Rose |  |
| 240. Holly |  |
| 241. Oak, Impatiens, Rock Water, Vervain |  |
| 242. Agrimony, Holly |  |
| 243. Larch, Centaury |  |
| 244. Aspen |  |
| 245. Olive, Oak, Elm, Larch, Hornbeam |  |
| 246. Chicory, Willow |  |
| 247. Centaury, Cerato, Larch, Scleranthus |  |
| 248. Larch |  |
| 249. Beech |  |
| 250. Scleranthus |  |
| 251. White Chestnut, Hornbeam, Pine |  |
| 252. Larch |  |
| 253. Beech |  |
| 254. Holly |  |
| 255. Scleranthus, White Oat |  |
| 256. Chicory |  |
| 257. Larch |  |
| 258. Star of Bethlehem |  |
| 259. Impatiens |  |
| 260. Vine, Chicory |  |
| 261. Vervain |  |
| 262. Willow |  |
| 263. Beech, Holly |  |
| 264. Mustard, Gorse, Pine, Honeysuckle |  |
| 265. Chestnut Bud |  |
| 266. Clematis |  |
| 267. Honeysuckle |  |
| 268. Water Violet |  |
| 269. Agrimony |  |

|  |  |
| --- | --- |
| 270. Scleranthus, Impatiens |  |
| 271. Larch, Cerato, Gentian, Wild Oat, Scleranthus |  |
| 272. Cerato, Walnut, Elm, Hornbeam, Larch, Gentian, Scleranthus, Wild Oat |  |
| 273. Centaury, Walnut, Larch |  |
| 274. Vine, Chicory |  |
| 275. Larch |  |
| 276. Chicory, Willow, Heather |  |
| 277. Larch, Oak, Pine, Rock Water, Wild Oat |  |
| 278. Chicory, Cerato, Grab Apple |  |
| 279. Scleranthus, Centaury, Cerato |  |
| 280. Chicory, Cerato, Crab Apple |  |
| 281. Holly, Willow |  |
| 282. Oak |  |
| 283. Willow, Holly |  |
| 284. Chestnut Bud |  |
| 285. Crab Apple |  |
| 286. Chicory |  |
| 287. Sweet Chestnut, Gorse |  |
| 288. Chicory, Heather |  |
| 289. Larch, Elm, Hornbeam |  |
| 290. Beech, Chicory, Holly, Impatiens, Willow |  |
| 291. Honeysuckle |  |
| 292. Star of Bethlehem |  |
| 293. Vervain, Vine, Rock Water, Beech, Impatiens, Oak |  |
| 294. Crab Apple |  |
| 295. Larch, Cerato, Scleranthus |  |
| 296. Gentian, Larch |  |
| 297. Sweet Chestnut, Willow, Mustard, Elm, Pine |  |
| 298. Chicory, Heather |  |
| 299. Larch, Pine |  |
| 300. Holly |  |
| 301. Cherry Plum, Scleranthus, Centaury |  |
| 302. Wild Oat |  |
| 303. Holly |  |
| 304. Chicory, Willow |  |
| 305. Water Violet, Rock Water |  |
| 306. Gentian |  |
| 307. Larch |  |
| 308. Beech, Impatiens, Vine |  |
| 309. Larch |  |
| 310th Cerato |  |
| 311. Gentian |  |
| 312. Hornbeam |  |
| 313. Elm |  |

**ERGEBNISBOGEN**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Bach flower** | **Number "Yes"**  Date................ | **My flowers**  Date................ | **Number "Yes"**  Date................ | **My flowers**  Date................ |
| Agrimony |  |  |  |  |
| Aspen |  |  |  |  |
| Beech |  |  |  |  |
| Centaurs |  |  |  |  |
| Cerato Hotels |  |  |  |  |
| Cherry Plum |  |  |  |  |
| Chestnut Bud |  |  |  |  |
| Chicory |  |  |  |  |
| Clematis |  |  |  |  |
| Crab Apple |  |  |  |  |
| Elm |  |  |  |  |
| Gentian |  |  |  |  |
| Gorse |  |  |  |  |
| Heather |  |  |  |  |
| Holly |  |  |  |  |
| Honeysuckle |  |  |  |  |
| Hornbeam |  |  |  |  |
| Impatiens |  |  |  |  |
| Larch |  |  |  |  |
| Mimulus |  |  |  |  |
| Mustard |  |  |  |  |
| Oak |  |  |  |  |
| Olive |  |  |  |  |
| Pine |  |  |  |  |
| Red Chestnut |  |  |  |  |
| Rock Rose |  |  |  |  |
| Rock Water |  |  |  |  |
| Scleranthus |  |  |  |  |
| Star of Bethlehem |  |  |  |  |
| Sweet Chestnut |  |  |  |  |
| Vervain |  |  |  |  |
| Vine |  |  |  |  |
| Walnut |  |  |  |  |
| Water Violet |  |  |  |  |
| White Chestnut |  |  |  |  |
| Wild Oat |  |  |  |  |
| Wild Rose |  |  |  |  |
| Willow |  |  |  |  |